

Easy Rides

These rides listed use parts of the Delaware/Raritan Canal State Park bike path that runs from Trenton to Frenchtown on the N.J. side, or the bike path running from Easton to Bristol on the Pa. side. Constructed on either old railroad-bed or canal tow-path, the bike paths parallel the Delaware River, the historic canals, and Rts. 29 & 32. Rides are flat, scenic, shaded, with no cars, for all ages, for fitness, ice-cream & food.

Make sure your bicycles are safe (check: brakes, tires, nuts/bolts), tire width recommended 1,3/8"(35mm) or wider, and use a helmet (State law for youths). Proper etiquette: stay to the right, notify others when passing (shout "On your left"), use a bell.

#1 VERY EASY. - 6 miles. Excellent beginner ride and family ride (even kids with training wheels). Drive Rt. 523 west to Stockton, then Route 29 north 3 miles to Bull Island State Park (B.I.S.P.). Pedal south from B.I.S.P. on bike-path to Stockton to Cravings' (ice-cream/food), or walk across river bridge to Dilleys' (ice-cream/food).

Return. Also; B.I.S.P. activities include; playground, pedestrian bridge, picnics, boat launch, fishing, camping, bathrooms.)

#2 EASY - 8 miles. Same as #1, but a 'loop' ride instead of 'out-&-back'.

Start as in #1, at Stockton, cross river bridge to Dilleys' (Center Bridge, Pa.)**, go north on Pa. canal path to the river pedestrian refreshments at General Store). Cross river bridge back to B.I.S.P.

#3 EASY - 14 miles. Enjoy the Delaware River basin between Frenchtown & Stockton.

Drive Hwy. 12 to Frenchtown, park* in lot next to river bridge. Ride the bike path south from the bridge, past islands, rapids, boat launches, to Bull Island State Park facilities (B.I.S.P.). Two options from B.I.S.P..

a.) Turn around and return the way you came on the N.J. side.

b.) Cross the river on the pedestrian bridge to Lumberville, Pa. (refreshments at General Store). Connect to the Pa. bike path* * and continue north past Tinicum Park to Uhlerstown. Before the covered bridge, follow the bike path signs to Uhlerstown Hill Rd., right to Route 32, left for 100 yards to the river bridge to Frenchtown (refreshments)

*This loop can begin from other parking areas such as B.I.S.P. Prallsville Mill, Stockton.

#4 EASY - 1 to 17 miles. Another great ride, scenic, casual, following the bike path south of Stockton. Drive Rt. 523 west to Stockton, park on street or at Prallsville Mill. -or-

Drive Hwy. 179 south, to Bridge St. in Lambertville, park on street or in lot 300 yards behind Lambertville Station near boat launch & sewage plant.

Travel south on bike path, past river dam, flea market, boat launches, to Washington's Crossing State Park (W.C.S.P.) in Titusville. Ice-cream & food in Titusville. (W.C.S.P. facilities; bicycling, picnics, playground, hiking, museum). Return.

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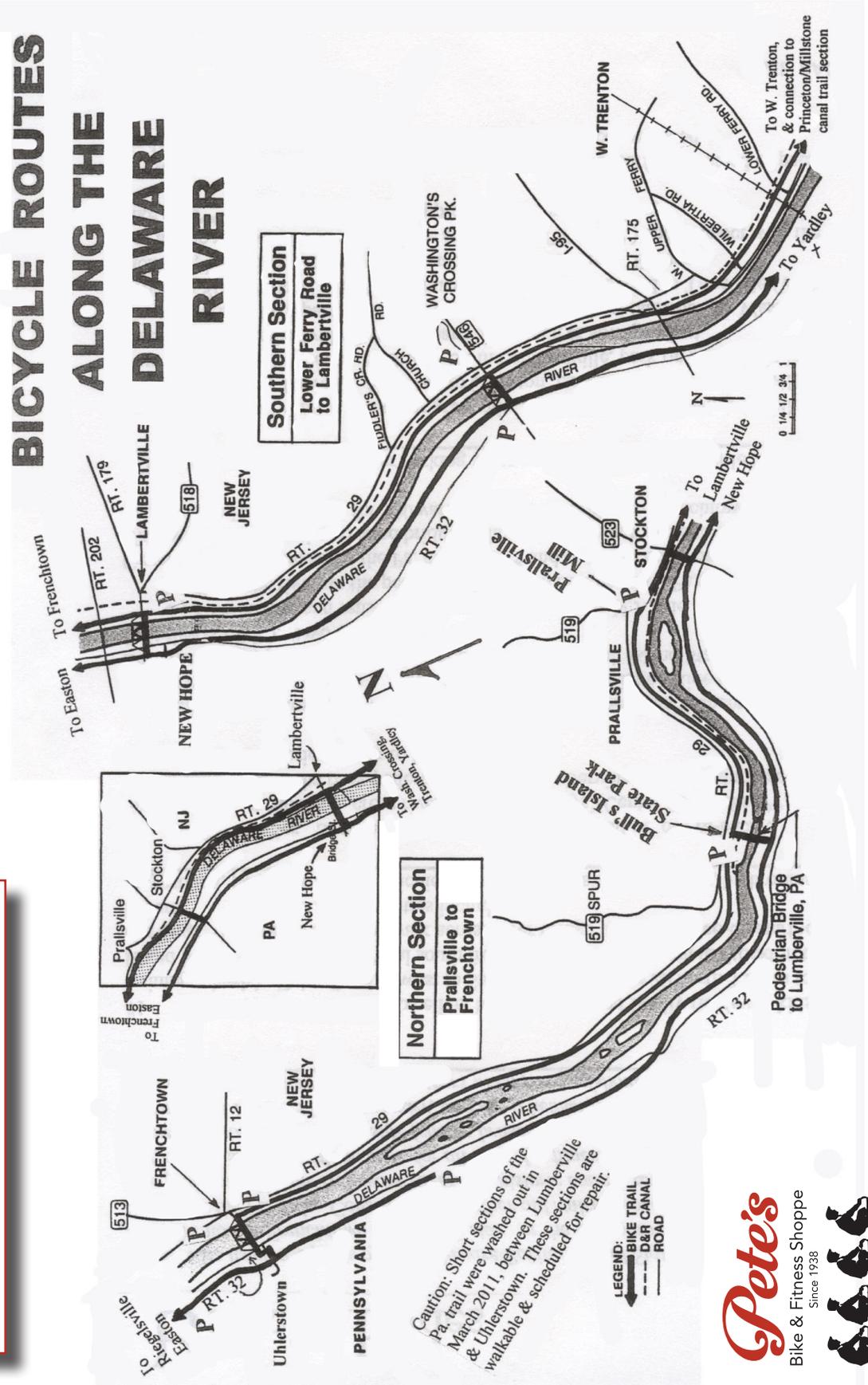
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For a loop ride, cross the river bridge at Titusville(W.C.S.P.) and connect with the Pa. bike path** on west edge of park, approx. 1/4 mile west of river).

** Note: Sections of the Pa. bike path are a packed gravel surface, instead of packed cinders, and tire width less than 1,3/8" (35mm) is not recommended.

Always perform 10 point safety check of bicycle prior to each ride.
 Inflate tires.
 Wear a helmet.
 Obey traffic laws.



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